

**Prescription for Nature**  
*Healthy Forests and Healthy People*  
February 10<sup>th</sup> 2011 – Alliston ON

*Healthy Forests sustain us; our health depends on them. But what is a healthy forest? How do they enhance our well-being and why should we nurture a healthy forest? Whether we steward the land, depend on the forest for our economic livelihood, or simply enjoy exploring the beauty of the ecosystem, we all benefit from an understanding of our interaction and mutual dependence.*

**Registration 8:00-9:00**

**Welcome 9:00-9:20**

*A Healthy Dose of Green: A prescription for a healthy population*  
**Rob Keen**

**Plenary Panel – What is a “healthy forest?” 9:20-10:00**

**Sandy Smith**, Faculty of Forestry UofT, **Eric Boysen**, Ministry of Natural Resources & **Jim McHardy**, Kinark Outdoor Centre  
**Moderator: Steve Hounsell**

**Visit Auctions and Exhibits 10:00-10:15**

Concurrent Sessions: **Symptoms** 10:15-11:15

**Bill Kilburn**, Royal Botanical Gardens  
*Nature-Deficit Disorder and the Child and Nature Movement*  
**Mike Rosen**, Tree Canada  
*When Humans Can't Touch Trees*

**Gary Nielsen**, Climate Change Project Coordinator, OMNR  
*Climate Change and Forests*  
**Ralph Spaans**, Business Development Branch, OMNR  
*Indicators of Healthy Forests & Healthy Markets*

Concurrent Sessions: **Diagnosis** 11:30-12:30

**Jim McHardy**, Kinark Outdoor Centre  
*Social & Therapeutic Benefits of Forests*  
**Cyndi Gilbert ND**, Naturopathic Doctor  
*Forests and the Healing Power of Nature: a clinical perspective*

**Laura Benakoun**, Terrestrial Assessment, OMNR  
*Ontario Forest Biomonitoring Network: A Quarter-Century of Forest Health Monitoring and Recent Network Enhancements*  
**Tom Clark**, Rainforest Alliance  
*FSC Certification on Small Woodlots*  
**Jim Eccles**, J.H. Keeso & Sons Ltd.  
*FSC CoC Certification Costs, Benefits and Overview of Small Mills*

**Auction - Lunch - Keynote Address 12:30 – 2:15**

**OFA Awards Ceremony**

**Keynote:** Ontario's Biodiversity Strategy Renewal

**Jon Grant**, Chair of Ontario Biodiversity Council

Concurrent Sessions: **Prescription** 2:30-3:30

**Barb Davies**, York Region  
*Access to Forests and Trails: Getting People Active Outdoors*  
**Eric Davies**, Faculty of Forestry UofT  
*Value of native vs. non-native trees*

**Ken Elliott**, Southern Science and Information, OMNR  
*Diversifying your woodland portfolio*  
**Terry Schwan**, Guelph District, OMNR  
*Prescriptions for woodlots to minimize the impact of Emerald Ash Borer*

**Concluding Plenary 3:30-4:30**

**Landowner Panel - What a healthy forest means to me?**

**AGM and President's Reception 4:30 – 6:00**

Health

Human

Forest

Health